**Sample Social Media Posts**

*Social media is an easy and free way for your school to encourage families to apply for the Supplemental Nutrition Assistance Program (SNAP). Simply copy and paste one of the sample social media posts below, download one of the sample social media graphics, and post!*

Has #COVID19 impacted you or your family’s income? Applying for grocery assistance is fast and easy! Learn more by visiting [www.HungerFreeOK.org/groceries](http://www.HungerFreeOK.org/groceries). #endhungerinOK

Stretch your food budget during #COVID19! You and your family may qualify for grocery assistance. Learn more by visiting [www.HungerFreeOK.org/groceries](http://www.HungerFreeOK.org/groceries). #endhungerinOK

Apply for SNAP in 30 minutes or less to stretch your grocery budget further during COVID-19! Learn more by visiting [www.HungerFreeOK.org/groceries](http://www.HungerFreeOK.org/groceries). #endhungerinOK

Has #COVID19 impacted you or your family’s income? Applying for grocery assistance is quick and confidential! Learn more by visiting [www.HungerFreeOK.org/groceries](http://www.HungerFreeOK.org/groceries). #endhungerinOK