

Help stretch your grocery budget during COVID-19.

## APPLY FOR SNAP TODAY!

If you or someone in your home recently lost your job, were furloughed, or had your hours reduced due to COVID-19, you might be eligible for SNAP.

**APPLYING ONLINE IS EASY AND FAST.**

### STEP 1:



Go to  
[www.HungerFreeOK.org/groceries](http://www.HungerFreeOK.org/groceries)

### STEP 2:

Download the  
step-by-step  
assistance guide



### STEP 3:

**APPLY NOW**




Click “Apply Now” and  
follow the instructions  
in the assistance guide  
to complete your  
application



### STEP 4:

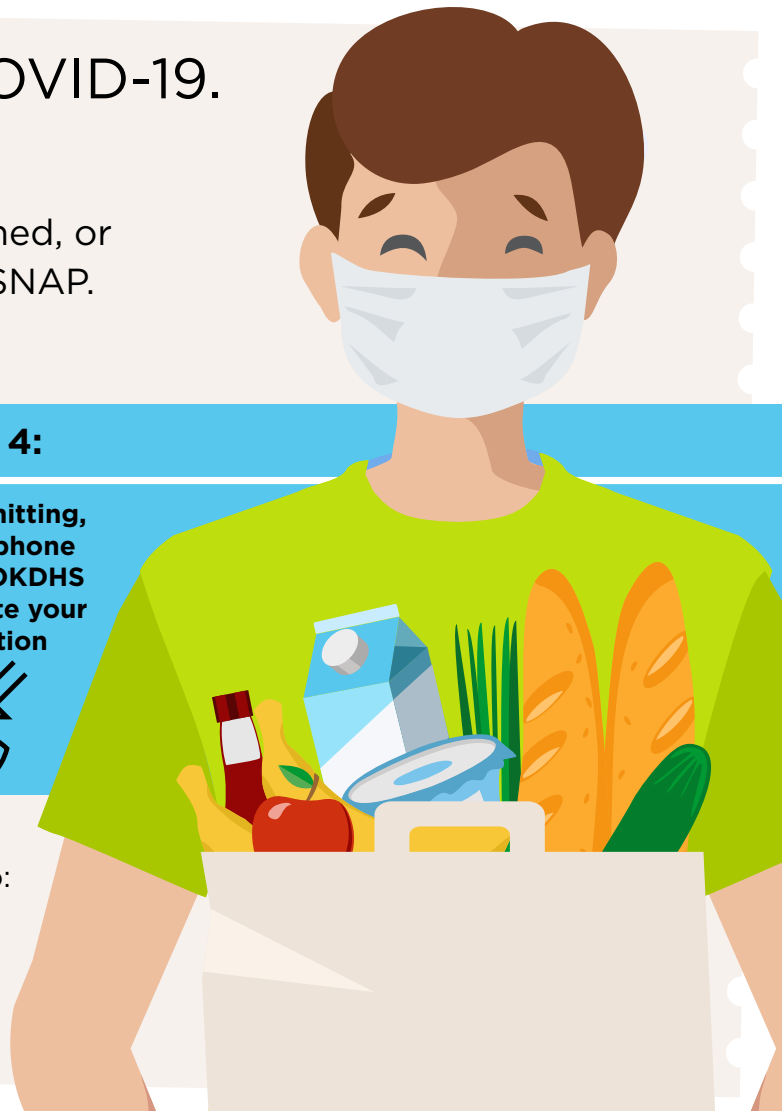
After submitting,  
expect a phone  
call from OKDHS  
to complete your  
application



For more food resources during COVID-19 go to:  
[www.HungerFreeOK.org/covid19](http://www.HungerFreeOK.org/covid19)

 [info@HungerFreeOK.org](mailto:info@HungerFreeOK.org)

  [@hungerfreeok](https://www.instagram.com/hungerfreeok)



Ayuda a estirar su presupuesto de supermercado durante COVID-19.

## APLICA PARA SNAP HOY!

Si usted o alguien en su casa recientemente perdio su trabajo, fue despedido o tuvo sus horas reducidas debido a COVID-19, puede ser elegible para SNAP.

**APLICAR EN LINEA ES FACIL Y RAPIDO.**



### STEP 1:



Acceder al  
[www.HungerFreeOK.org/groceries](http://www.HungerFreeOK.org/groceries)

### STEP 2:

Descarga el paso a paso guía de asistencia



### STEP 3:

**APPLY NOW**

Haga clic en "Apply Now" y sigue las instrucciones en la guía de asistencia para completar su application

### STEP 4:

Despues de enviar, espera una llamada de OKDHS para completar su application



Para mas recursos alimenticios durante COVID-19 acceder al:  
[www.HungerFreeOK.org/covid19](http://www.HungerFreeOK.org/covid19)

[info@HungerFreeOK.org](mailto:info@HungerFreeOK.org)



@hungerfreeok